



From dependency through self-sufficiency to interdependency

INITIATIVE SUMMARY

Interdependent Living Network (ILN) By Sara Kamprath

May, 2015

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CONTENTS

EXECUTIVE SUMMARY	1
MISSION	2
ORIGIN.....	2
VISION (BIG OUTCOME)	3
CHALLENGE	3
INITIATIVE SUMMARY	4
Initiative Audiences.....	4
Initiative Goals	6
Initiative Strategy	6
Main Initiative Activities	6
Initiative Outcomes.....	7
Initiative Process, Network Participants.....	7
Initiative Strengths	8
Initiative Weaknesses.....	9
Initiative Opportunities	9
Initiative Facilities.....	9
Advisors to the Initiative	9
Initiative Planners and Overseers	9
Prospective ILN Start up Budget	9
Appendices.....	11
Community Vision International (CVI ²) http://cvi2.org	11
Sara Kamprath Resume.....	Error! Bookmark not defined.
EXPERIENCE.....	Error! Bookmark not defined.
EDUCATION.....	Error! Bookmark not defined.
ADDITIONAL TRAINING AND CERTIFICATIONS.....	Error! Bookmark not defined.
SKILLS	Error! Bookmark not defined.



EXECUTIVE SUMMARY

Can you envision economic strugglers enabled to quit depending on the government or others to subsist, and instead be mentored first to be self-sufficient and then to be interdependent (being helped and helping others)? That is exactly what I sense the Lord has called me to do. Please permit me to tell you about this challenging and exciting service called Interdependent Living Network (ILN). I have been defining this service initiative for several years with my mentor and Director of Community Vision International (CVI), Dr. Richard Reves.

First, a bit about me—years ago, I directed a nonprofit, Love Inc., which provided help to the homeless and working poor through churches. For the past 15 years, I have been a therapeutic foster parent of troubled youth. The last youth, aged out of Child Welfare and I assisted her with transitioning to care under the State of Oregon. For the past 15 years I have provided strategic planning consultation to individuals, businesses, and non-profits. Currently I have opened up my home as an Adult Foster Home and care for a disabled young woman.

While at Love INC, I watched countless youth and families get denied government assistance because they earned slightly more than allowed. For them, the ideal would have been to be enabled to earn enough money, to also learn a new trade or vocation, and be mentored to become contributors to society.

In the past years, I have watched youth without much family support, get cut-off from state care without anyone or anything to help. Limited options await transitioning youth. Many, who resent the state, typically either couch surf (a coined term meaning they live with someone for a few days or weeks and then move on to the next “couch” and repeat over and over for years) or live on our streets and if they do this past age 25, government help in Oregon, except for food stamps, stops. The youth and young adults, who are willing and ready, need better and viable options. The body of Christ is equipped and able to do something about this. ILN could be a vehicle to help the body of Christ, help the person in need more effectively and eternally.

These many years’ experiences and observations have shaped my burden, which propelled me, under Dr. Reves’ guidance to articulate and undertake the ILN initiative. The ILN initiative brings economic strugglers from dependency to self-sufficiency to interdependency as contributing citizens. ILN will do this by providing viable options for all working poor adults and all fostered youth and adults who choose to become an ILN apprentice and are accepted into the program. ILN’s viable options include trade or vocation training with biblical mentoring all to enable them to be self-sufficient (responsible, motivated, self-directed and earning a living) and interdependent (others minded and contributing to society) while bringing a low cost service to the community. ILN envisions its audiences feeling loved by their expert coaches, being part of the Christian community, having hope, interdependent, living meaningfully, and finding peace in Jesus regardless of their circumstances. The coaches will be able to use their skills and talents in mentoring others. The accountability around the apprentice will enable a good work ethic and provide ongoing mentoring in other areas of their lives.

So how has this grandiose project been getting off the ground? First, we defined the initiative, which I summarize below. Second, I have begun researching various organizations and community leaders, to determine what the Holy Spirit is already doing. In Doing this, I have learned that some organizations are already doing parts of this project. I have also learned that these organizations encourage the ILN concept, with some describing ILN as a missing link to their needs or a solution to broader community



needs. ILN's next main activity, therefore, will be to coordinate these willing independent parts to serve together as a comprehensive network.

As an associate of CVI, I am enabled to raise tax deductible support for myself and this initiative, which is an approved project of CVI. To continue developing this initiative, I need and ask for your support—prayer and financial help.

We can share in a wonderful promise—when we put our hope in God and participate together in His kingdom work, we are taking hold of the life that is truly life (1 Timothy 6:17-19).

We can also be a part of the great commission given to us by our Lord Jesus Christ: “Go therefore and make disciples of all peoples, baptizing them in the name of the Father, Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even unto the end of the age.” (Matt. 28:19-20)

Please join with me today. By partnering in this work, you are caring for the aged, orphan, poor and needy, the widow, and more. You will be serving God's people and our community. And, best of all, your giving will overflow in many expressions of thanks to God (2 Corinthians 9:12).

Your sister in Christ,

Sara

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Please make your gift payable and send to: Community Visionary International
PO BOX 33286
Portland, OR 97292-3286

Designate your gift to P034SEK

For other ways to contribute funds, view the guidance given at
<http://www.cvi2.org/contribute.html>

All contributions to CVI2 by USA residents are tax-deductible

MISSION

To bring economic strugglers from dependency to self-sufficiency to interdependency as contributing citizens by coaching them to be responsible, motivated, self-directed and others-minded in order to help them find a vocation, earn a living, and contribute to and receive from society while bringing a low cost service to the community.

ORIGIN

Interdependent Living Network (ILN) will be launched as an initiative of Community Vision International Incorporated (CVI2) by June 2015. ILN is being developed and managed by CVI2 Associate, Sara Kamprath, Salem, Oregon.

CVI2 exists to enable Christian visionaries to transform communities, using available resources and transferable technologies, skills and tools. CVI2 was organized as an Oregon non-profit corporation in July, 2001, and obtained federal non-profit 501(C)(3) status in March, 2002. For more information, please see appendix of this document.



VISION (BIG OUTCOME)

To see ILN's audiences feeling loved by their expert coaches, being part of the Christian community, having hope, contributing to society, living a meaningful and godly life, and finding peace in Jesus regardless of their circumstances.

CHALLENGE

Individuals in need come from a variety of walks of life. ILN was formed because it is the Christian belief that discipleship is what the individual in need craves and what our Lord Jesus Christ asked His followers to be doing. Not just more handouts, without hope or love, but caring people who the person in need can lean on for support, and love, like the family so many of them do not have.

A great many former foster youth struggle to care for themselves, with few resources available to them or no family to surround them. Also, there are many people who complete treatment for addictions that have challenges after the program staying off substances. Criminals who come out of incarceration struggle greatly due to limited resources, and find themselves back in the life of crime. The working poor, as hard as they work, struggle to make ends meet due to underemployment.

The challenge is to help these people by surrounding them with caring people who will come alongside them and help them find housing, resources, jobs, or education that can sustain them and keep them from government dependence, or homelessness or criminal activity.

- ILN wants to be a solution for the former foster youth who are now adults and recognize they need help. They want caring Christians to help them. Casey Institute reported 662,000 youth in foster care during 2009-2010. 1 Of these youth, 74% completed high school, 2 3%-11% earned a college degree, 3 and 54% were unemployed at age 21.4 Of the 254,000 children and youth exiting foster care in 2010, 11 percent (28,000) transitioned into adulthood without a permanent family (support system) to help them. No wonder so many are rudderless and end up on the streets! ILN wants to help those who want to be a disciple of Jesus and want help.
- Individuals who successfully complete drug/alcohol treatment may want options to continue in the lifestyle they have learned in treatment. Also those incarcerated need a concrete strategy in order to avoid recidivism. ILN can be an option for many of them who want to continue learning, growing and growing in a personal relationship with Jesus while being accountable to expert coaches.
- The working poor are persons who spent at least 27 weeks in the labor force (working or looking for work) and whose incomes fell below the official USA poverty level. In 2010, the working-poor rate—the ratio of the working poor to all individuals in the labor force for at least 27 weeks—was 7.2 percent .5 Working poor who have other noble aspirations, such as more training or college, however may be stuck or unable to make a move easily due to family obligations and monthly bills. They, therefore, work a low-wage job and struggle to make ends meet. They may even take on a second job to compensate. For them, the option to choose a desired vocation and become an apprentice, without having to pay the huge costs involved, is very difficult to find.

Individualistic USA society teaches an 'independence' message—to be independent and self-sufficient. Unfortunately, many American Christians have been enculturated into this way of thinking and living. Meanwhile, everyone needs Jesus, and those of us who know Jesus are to be 'Good Samaritan' neighbors, light, salt, yeast and more within our spheres of influence. More, spiritual reality sees each



part of Christ's body also connected to other parts, and all of us influence other parts. Thus, we Christians are not to be independent, but interconnected and interdependent. We, therefore, need not only to renew our thinking, but also to be willing and ready to reach out to people in need, doing so in practical ways that love them, coach or mentor them, and lead them into an understanding and lifestyle that communicate the Gospel of Jesus Christ.

1. Adoption and Foster Care Analysis and Reporting System (AFCARS). Retrieved September 7, 2011 from http://www.acf.hhs.gov/programs/cb/stats_research/afcars/trends_june2011.pdf and http://www.acf.hhs.gov/programs/cb/stats_research/index.htm
2. This statistic was derived by averaging the results of a representative set of foster care alumni studies that interviewed older alumni who had more time than younger alumni to complete high school via a diploma or a GED, attend a post-secondary educational program, and/or complete a bachelor's degree. The studies were then weighted by study sample size so the larger studies carried more weight in the average. For more information contact Peter J. Pecora at ppecora@casey.org.
3. McMillen, C., Auslander, W., Elze, D., White, T., & Thompson, R. (2003). Educational experiences and aspirations of older youth in foster care. *Child Welfare*, 82(4), 475-495.
4. Courtney, M. E., Dworsky, A., Cusick, G. R., Keller, T., Havlicek, J., Perez, A., et al. (2007). Midwest evaluation of adult functioning of former foster youth: Outcomes at age 21. Chicago, IL: University of Chicago, Chapin Hall Center for Children.
5. A Profile of the Working Poor, 2010, US Dept. of Labor statistics, March 2012, Report 1035

INITIATIVE SUMMARY

ILN is a multi-phase, ongoing network initiative by which Christians who are experts in their vocations volunteer to come alongside apprentice applicants to ILN, with the heart and love of Christ. Apprentice applicants would best be people transitioning out of other Christian agencies' accountability programs. The experts' aim is to wholistically* coach the ILN-contracted apprentice applicants as they together serve ILN-contracted clients. ILN will put its volunteer vocational experts and its contracted apprentices together with its contracted clients who need help with either their projects or their projects' cost, provided by people they can trust. The ILN initiative is being launched in Oregon's Willamette Valley with an eye towards the Pacific Northwest and beyond. Initiative funding will come from contributions and clients' payments for services.

*Defined as biblically, vocationally, emotionally, financially and physically

Initiative Audiences

ILN aims to help *dependent strugglers* become *self-sufficient persons*, and then *interdependent citizens*. In practice, this means ILN will help people who want to find needed and fitting vocations, to earn a living, and to contribute to society. In so doing, ILN evaluates *applicants* who may become *apprentices* alongside *expert coaches* to help *clients*. ILN puts apprentices and expert coaches together with clients who pay for their services as they are able, on a sliding scale, if necessary. ILN aims to love, serve, coach, and enable the following audience:

Dependent strugglers, as defined by ILN, are adults who receive government assistance to help make ends meet, adults who lack motivation to become self-sufficient; adults who live with parents for support, high school graduates who will not go to college but who have the motivation to change



enough to make something of themselves, and who need some training. Dependent strugglers typically make changes after graduating our program, as they transition out of foster care, when they are underemployed, and when working a job that leaves them struggling to pay bills.

Self-sufficient persons, for ILN’s purposes, are adults who are financially secure, and spiritually, emotionally, and mentally mature, and who rely on no one to provide their basic needs.

Interdependent citizens are the *self-sufficient persons* who give back to their community and country, having also become able and ready. They are able to receive spiritual and emotional support and love from others, and freely give to others.

Apprentices are *dependent strugglers*, especially during difficult economies, who want mentoring from expert coaches.

Expert coaches serve the network by lending their expertise and coaching abilities, having already learned the value of interdependence. Expert coaches will be drawn from various trades, and service or training programs, such as:

Journeyman in various trades	Restaurant professionals	Mechanical trades
Handymen	Seamstresses	Computer technology
Landscapers	Small Business Owners	Technical skill
Chefs	Financial Experts	Retired Experts
	Automotive mechanics	Philanthropy

Clients can be homeowners who put off needed house maintenance or repairs, or other projects due to cost, or lack of expertise, or not knowing where to start, or whom to trust, etc. Others too, can benefit from ILN’s various kinds of high-accountability, coached apprentice services. Meanwhile, some folks will just want to support the initiative and help others.

Applicants are potential apprentices who need and desire to be accountable. They can be:

Anyone—who would like to learn a trade or skill, take their idea to market, change their vocation, etc,

A former foster child—who grew up in the system and experienced multiple placements, in many cases graduating from high school with a modified diploma, and not being a candidate for college.

The unemployed—who cannot or do not know how to make ends meet after a job loss.

The working poor or disadvantaged—who live below or around the poverty line, and fail to provide for their basic needs.

The under employed—who earn less than they need to live, and struggle to find better employment, both due to their lack of skills and experience.

Poor money managers—who lack the skills needed to manage their money, and frequently run short.

The retired—who have time, and wish to learn something new to contribute to society differently.



Initiative Goals

The main goals of this initiative are:

1. Help renew USA Christians' thinking to be more interdependent.
2. Assist America's aging out foster youth.
3. Facilitate America's youth who are ready to make something of themselves, and the working poor who hold aspirations and ambition for more training or college, both to:
experience interdependent Christian relationships,
receive expert spiritual and vocational coaching, and become apprentices in their chosen vocations, all having to pay the huge costs involved.
4. Provide stability to needy, but ambitious youth and working poor stuck within America's subcultures.

A time frame or objectives will be determined as Advisors determine.

Initiative Strategy

To pursue its mission, ILN will with the heart and love of Christ...

- Complete its self-definition, early network identification, and launch by June 2015.
- Make known its initiative to economic strugglers, potential clients and Christians.
- Encourage Christian audiences towards interdependent living, especially folks with vocational expertise.
- Screen *dependent strugglers* who apply to ILN as *applicants* to become vocational *apprentices*.
- Enlist volunteer Christian *expert coaches* to lovingly and wholistically coach the selected *apprentices*:
 - to be responsible, motivated, self-directed and others-minded.
 - to find needed and fitting vocations, and earn a living to become *self-sufficient persons*.
 - to contribute to and receive from society also as *interdependent citizens*.
- Put the trustworthy *expert coaches* and *apprentices* together with *clients* who either need help with their initiatives

or initiatives' cost, and who pay, as are able (on a sliding scale), for services received.

In this broad way, ILN and its benefactors will love, serve, coach, and empower its six kinds of audiences.

Main Initiative Activities

According to a well-defined and managed schedule are...

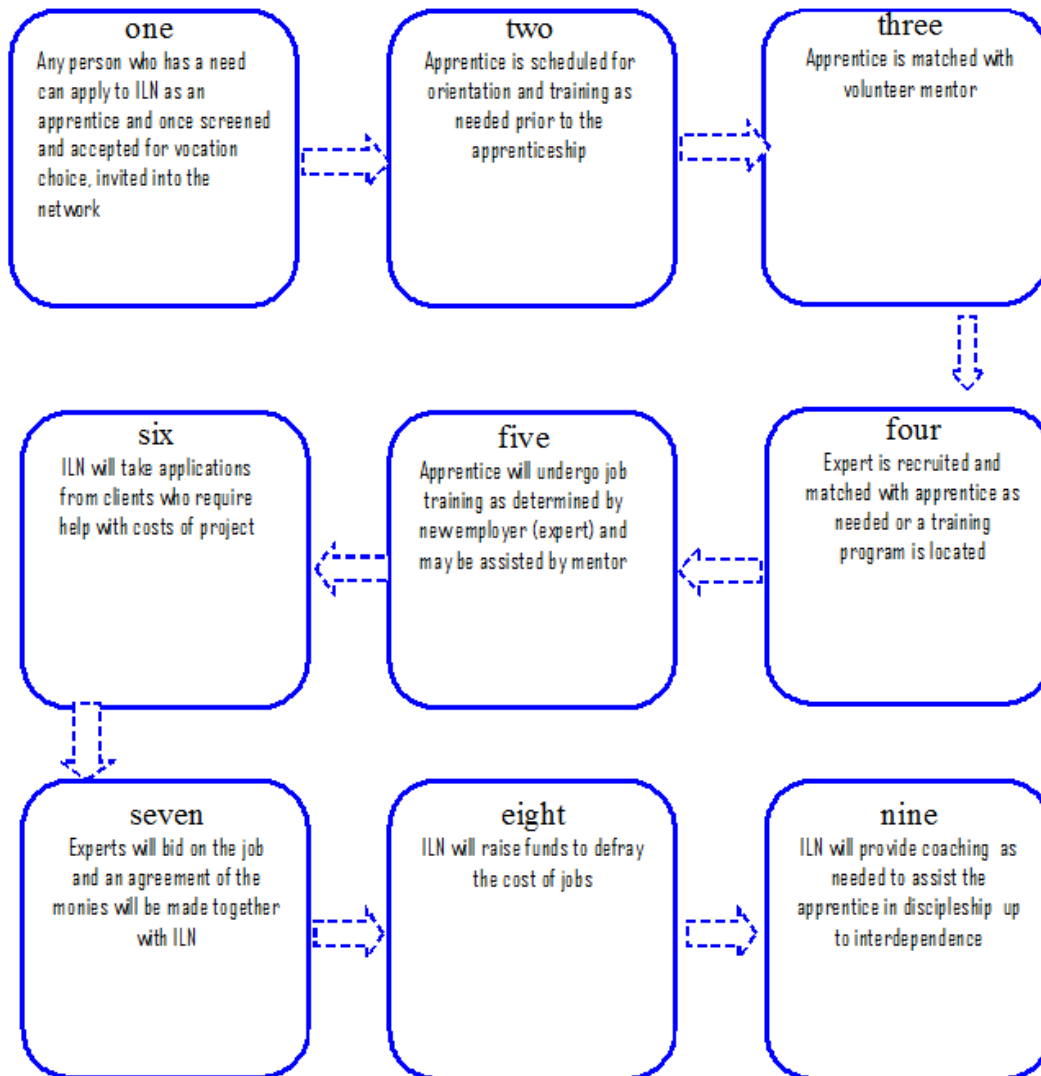
1. Recruit expert coaches from Christian communities.
2. Find apprentices who want, are ready, and will commit to being coached personally and vocationally by experts.
3. Connect the expert coaches to waiting apprentices.

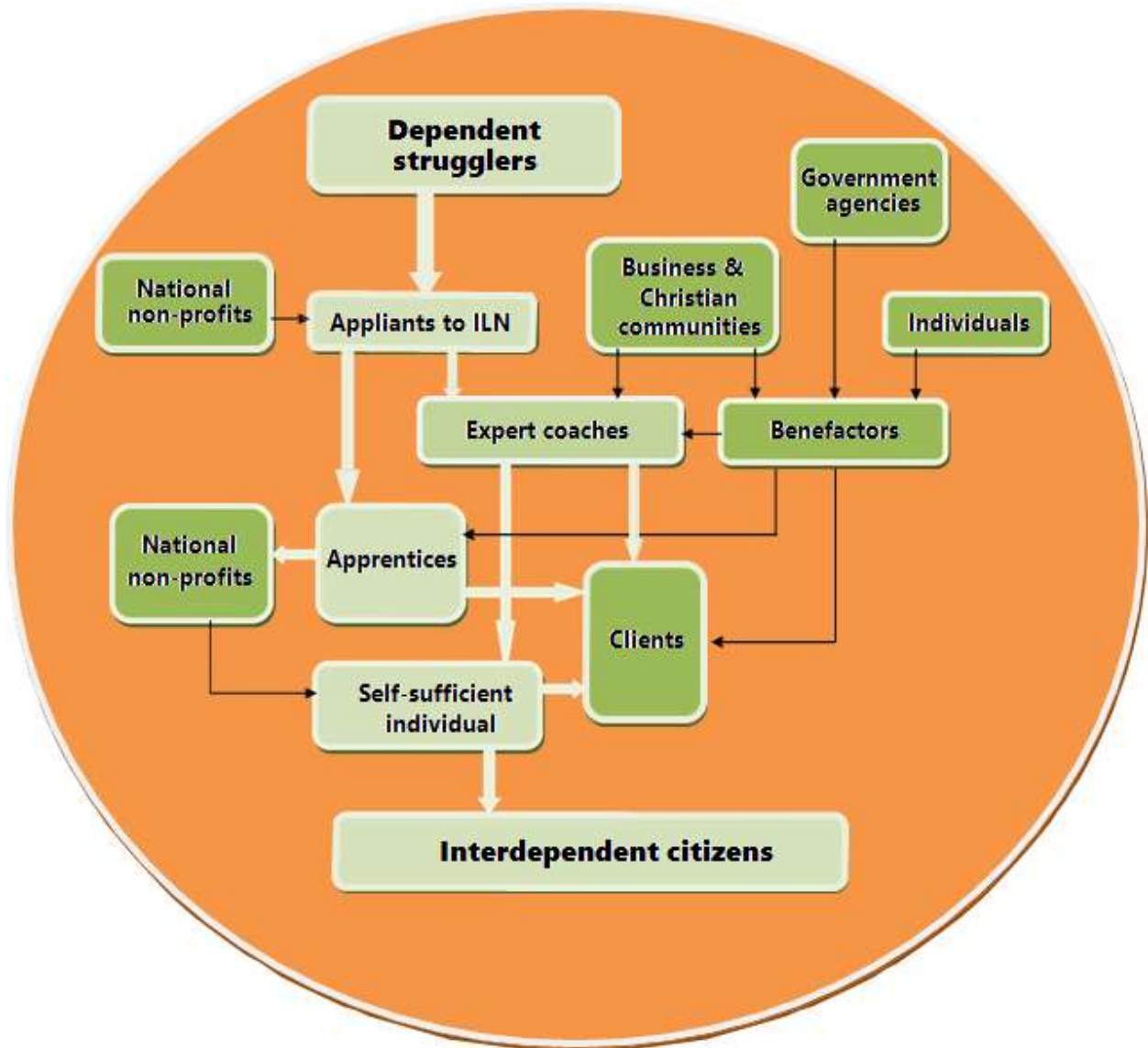
4. Collaborate with at least one agency that will provide at least five screened and transitioning workers by June 2013.
5. Raise start-up funds to meet initial budget needs
6. Advertise through churches, neighborhood associations, mobile home parks, etc. to find clients.

Initiative Outcomes

- A person in need can find people who will love them and guide them and people they can trust
- Expert coaches will receive strategic opportunities to use their expertise to transform economic strugglers from dependence, to self-sufficiency and to interdependence.
- Vocational *apprentices* will find meaningful employment and opportunities to be blessed and to bless their communities.
- Clients will be enabled to complete their necessary projects regardless of cost, and by trustworthy workers.
- Communities will be increasingly stabilized and made interdependent through job growth.

Initiative Process, Network Participants





Initiative Strengths

- Initiative can provide apprentices significant life and freedom from government entitlements.
- Many Christians with expertise and desire, can come alongside and coach apprentices to become experts, giving of themselves in ways where they can see results and see change.
- ILN can be a vehicle to bring the Christian experts and the clients together.
- Clients who have financially prohibitive house and other projects can use experts at a reduced rate.



Initiative Weaknesses

- ILN challenge feels overwhelming
- ILN lacks start up funds or in-kind donations
- ILN needs co-leaders and workers

Initiative Opportunities

Organizations that help people would be ideal providers of ILN apprentices. Such organizations include schools, foster care agencies, government entities, and churches, etc. ILN's opportunity, therefore, is to collaborate with an established organization or organizations, thus enabling ILN Initiative to more quickly become a reality, thus adding value to and working with the agency to help similar types of people.

Initiative Facilities

ILN will do its administrative work in ILN workers' homes, or in offices and meeting rooms offered by helpful institutions.

Expert coaches' will do their coaching and training in their homes or in meeting rooms offered by helpful institutions, and at the worksites.

ILN recognizes that most of the overhead necessary to run a successful organization is costly. ILN seeks to obtain as much in kind donations for each line item in its budget. If donations were to come in, the budget listed in this prospectus is merely what it takes to pay for each item, should a helpful person or persons donate such items. And will be used once grants are sought.

Advisors to the Initiative

Dr. Richard Reves. Richard is the Director of CVI and provides coaching to this project and has approved this project under CVI.

Dr. Richard Stellway. Richard is a fellow associate of CVI and works in Community Transformation

Pat Pokorny. Pat was former Executive Director of Love Inc prior to Sara Kamprath tenure.

Martha Cannon. Former board member of Love Inc and former client of Sara Kamprath and owner of Exclusive Buyers Agency.

Initiative Planners and Overseers

This initiative's primary planners and overseers are: Sara Kamprath, Director; Dr. Richard Reves, Advisor. Other Advisors are sought. Contact Sara Kamprath to inquire about advising this initiative.

Prospective ILN Start up Budget

(See next page.)



Prospective ILN Start up Budget					
Item	Allocations				Notes
	ANNUAL BUDGET	PROGRAM	Administrative	Fundraising	
Accounting services	384	0	384	0	On line bookkeeping and payroll
Advertising/Marketing	3600	3600	0	0	This will cover expenses related to materials, brochures, printing,
Books/Materials	5600	4500	0	1600	This will cover training materials and printed materials
Web page/web page development/social media	100	80	0	20	In kind labor
Liability insurance	1200	0	1200	0	This will be purchased once employees are hired and if a nonprofit status is necessary
Office equipment	300	240	0	0	Telephone, 4 in one printer/copy/scan/fax
Office supplies	4000	2800	800	400	Paper, ink, etc.
Phone/internet service	1200	800	100	300	
Postage/shipping	200	100	100		
Printing and duplication	4000	2800	0	1000	Mostly used for training materials
Program Development and Evaluation	0	0	0	0	This will be determined in the future, current and past expenses are in kind donation
Rent	12000	10300	1200	500	Office space will be in-kind for the first few years
Salaries	70000	49000	14000	7000	Salaries will be determined by Advisory Board, staff will raise own support until such a time
Software	99	33	33	33	MS Office suite per year
Travel/mileage	2500	1250	0	1250	Raising awareness and fundraising
Volunteer Expenses	500	500	0	0	Used to purchase materials relative to recruiting and training volunteers
Sub total	109283	76003	17817	9783	
TOTAL					
Percentage Allocations					
In Kind Donation					



Appendices

Community Vision International (CVI²) <http://cvi2.org>

CVI² organization—three co-directors registered CVI² in 2001 in Oregon as a USA tax-exempt, public, charitable-educational, non-profit corporation, and received its federal 501(c)(3) classification early 2002. CVI² was launched to enable and serve qualified visionary associate contractors who *transform communities using available resources and transferable technologies, skills and tools*. Operationally, CVI² provides administrative, financial and program service oversight and services to its associate subcontractors who manage community transformation programs and projects. CVI²'s organization chart, functions and operational network may be viewed at

www.cvi2.org/docs/cvi2_diagram_2010.html.

Reasons to trust CVI²—CVI² directors require a lawful, ethical lifestyle and behavior in all its associates' dealings, operations and activities. Discovered deviations are carefully evaluated and corrected. CVI² policies at <http://www.cvi2.org/policies.html> address compensation, conflicts of interest, privacy, contributions to service projects, government-prohibited activities, reporting, specific assistance and more. CVI² directors ensure that its contractors' annual service goals support CVI²'s exempt purposes, and that their quarterly reports demonstrate reasonable progress toward those goals. Directors also report annually and extensively to the IRS, DOJ and the State of Oregon. CVI²'s subcontracted accounting staff holds separate responsibilities and weekly reviews parts of each others' work.

CVI²'s public service programs and projects enable its subcontractors to advance education; assist, direct or teach in schools; augment, lead or organize youth activities; combat community deterioration and juvenile delinquency; conduct or participate in public discourse and training; enhance or advance local institution and network building capacity; help eliminate prejudice and discrimination; coach, mentor or train by correspondence and public media; lessen neighborhood tensions; lessen burdens of leaders; relieve, rescue or care for the poor, distressed and underprivileged; provide program-facilitating operations. CVI² subcontractors who manage these programs and projects are recommended and experienced or trained community transformation consultants, trainers or workers who have proven to be passionate, efficient and self-starting leaders in their fields of service. CVI²'s informed subcontractors decide whom and how they will serve in world communities where able, needed and welcome.

CVI²'s history—since 2001, CVI² contractors grew from three to 73. Cumulatively, the contractors provided public services to over 132,000 persons and 100s of agencies in over 50 countries in 10 IRS-set world regions via more than 130 community programs and projects.

CVI²'s budget—to minimize costs, CVI² avoids heavy bureaucracy, property ownership and paying of rents. CVI² directors function also as officers without compensation. CVI²'s income and payments to contractors have increased about 24% per year average, approximating \$540,000 in 2011. CVI² monthly moves 95% of its income to its contractors to manage in their community work, and retains 5% to pay its government fees, operating costs and accounting services. CVI² contractors typically recruit their own benefactors that recently reached 1,350 in number. CVI² received 3,382 contributions and grants in 2011, ranging \$10-\$25,000, and averaging \$159, after growing from \$505 to \$924 average per donor per year.